

Humira (Adalimumab) Patient Education

Humira treats: Psoriatic/rheumatoid arthritis, Ankylosing spondylitis, Crohn's/Ulcerative colitis, Hidradenitis suppurativa, Plaque psoriasis, Uveitis



Administration

- Available in multiple strength pens or prefilled syringes
- Given as an injection under the skin (SubQ)
- If you forget your injection, inject your dose as soon as you remember and take your next dose at your normally scheduled time

Storage

- Store in the fridge - do NOT freeze
- Keep in package to protect from light
- Once pulled out of the fridge, let the medicine warm up for 15 – 30 minutes before administering
- Do not use if the liquid is cloudy or discolored or has flakes or particles in

Side Effects

- Injection site reactions such as rash or swelling
- Headache
- Back pain
- Upset stomach
- Stomach pain
- Symptoms of a cold

Precautions

- A TB test should occur before starting this medication and monitoring for signs of TB such as cough
- Tell your provider before scheduling any surgeries while on this medication
- Keep up to date with all your vaccines
- Remember to tell a health care provider you are taking Humira
- Talk with your provider before becoming pregnant
- This medication does put you at risk for infections. Contact your doctor if you have symptoms of an infection

Disclaimer: This information is not intended to dictate or substitute your professional judgment in a particular patient. Visit www.humira.com/humira-complete/injection for instructions for administering your medication OR call **1-800-4HUMIRA**