

Value Connection

Arkansas Health Network's Newsletter

Happy Holidays 

As we come to the close of 2022, we reflect on another successful year for Arkansas Health Network (AHN). We are thankful for the opportunity to continue to impact the health of our Arkansas community and look forward to great things in the New Year.

We want to thank you for your role in helping make AHN one of the most successful Clinically Integrated Networks (CIN) in the area and in the industry. We wouldn't be where we are today without the support of true participating partners like you!

*Wishing you a wonderful holiday season
filled with peace and love.*

I also want to share some changes to the AHN Board of Managers:



Dr. Felton has announced he will be stepping away from his physician practice and as such will no longer be able to serve on our AHN Board of Managers. Dr. Felton has served as our Board Chair from the very beginning of AHN. We have appreciated Dr. Felton's leadership over the years as he has helped our provider-led Board and CIN to attain its many successes. Under Dr. Felton's oversight, AHN has grown from its early stages in Central Arkansas to its current size of over 3800 providers across the entire state. He helped lead the charge to take our successful MSSP model to the employer market, all while keeping our providers at the forefront of what we do. We wish Dr. Felton every success and thank him for his service!



With Dr. Felton's departure, Dr. Brooks Lawrence has graciously accepted the role of Board Chair beginning 1/1/23. Dr. Lawrence has been serving as Co-Chair of the Conway Chapter Advisory Board of AHN and will continue to bring his expertise and leadership to the AHN Board of Managers.



We also welcome Dr. Brad Tilley as a new (main) Board Member. Dr. Tilley will continue to serve as the Co-Chair of the Conway Chapter Board as well. He is also a member of AHN's Clinical Care Committee.

Bob Sarkar, MBA, FACHE, President & CEO

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URAC Update

AHN has received notice that we have passed our desktop review at 100%. In late January, we anticipate our on-site survey which is the next step in our pursuit of dual accreditation through URAC for Clinical Integration and Employer Based Population Health.

As part of our accreditation process, AHN affiliated providers must have access to a consistent communication platform and complete a brief training through the AHN Connect app. **MSSP providers** must complete this training **by 12/31/22** in order to be eligible to receive any earned shared savings.

Providers have received emails and our provider engagement team has been in contact with practice managers to assist providers in meeting this deadline.

*For any further questions, please contact:
Dr. Lubna Maruf, lubna.maruf@commonspirit.org*

Tips for a Healthier Holiday Season

The holiday season has officially started, and with it comes gatherings. Friends and family start sharing traditions. Tables are filled with scrumptious and not so healthy choices.

For many, this time of year is a struggle and they completely lose sight of any health goals. However, there are ways to incorporate healthy habits and still enjoy holiday food. You don't have to deprive yourself! Just learn to balance your plate with different types of food so that you don't completely overdo it. Key things to remember:

- Exercise – take a brisk walk or toss a football
- Watch portion sizes – don't skip dessert, just have a small portion
- Drink plenty of water – stay hydrated

By Debra Staton, Wellness Coordinator for the Arkansas Health Network

Pharmacy Corner

Brand to Generic Conversion Opportunity for Overactive Bladder

Overactive bladder (OAB) is common. It affects up to 33 million adults in the U.S., including as many as **30% of men and 40% of women**. Myrbetriq is a high cost, brand name OAB medication, which may put undue financial burden on your patients. Fortunately, medications are available at a lower cost (See table below).

Drug for Overactive Bladder	Average Cost per 30 day supply
Myrbetriq (Mirabegron)	\$362.80
Gemtesa (Vibegron)	\$300.15
Tolterodine	\$76.09
Solifenacin	\$32.15
Oxybutynin	\$12.47

**Average Cost per 30 day supply is the total of the patient and payer cost*

If all Arkansas Health Network patients on Myrbetriq (79 patients) were converted to oxybutynin, there would be an annual savings of \$390,143.

Disclaimer: This information is not intended to dictate or substitute your professional judgment in a particular patient

If you are interested in patient specific information, please contact Claire, AHN Pharmacist, at claire.barlow@commonspirit.org

Changes to BCBS MA Pre-Authorization

We have received notice from AR BCBS regarding 2023 Medicare Advantage Prior Authorization changes. Changes affect members of the following plans. Click the link below to learn which Medicare Advantage plans will be affected by these changes.

[BCBS MA Pre-Authorization Changes](#)

MSSP Quality Payment Program Reporting

On January 1, 2022, AHN entered Medicare's Pathways to Success program under the Enhanced Track. Pathways to Success represents the latest evolution in CMS's goal to move Medicare Shared Savings Program (MSSP) participants into two-sided risk. The Enhanced Track represents the highest level of risk/reward in the current MSSP program and is considered an Advanced Alternative Payment Model (AAPM) under the Quality Payment Program (QPP). In order to remain in the program and be eligible for certain incentives, certain reporting requirements must be met annually:

Enhanced Track MSSP ACO -- Advanced Alternative Payment Model (AAPM)

- Shielded from MIPS downside risk -- 5% lump-sum bonus applied to practices in payment year.
- Streamlined reporting requirements compared to MIPS.

Reporting Requirements

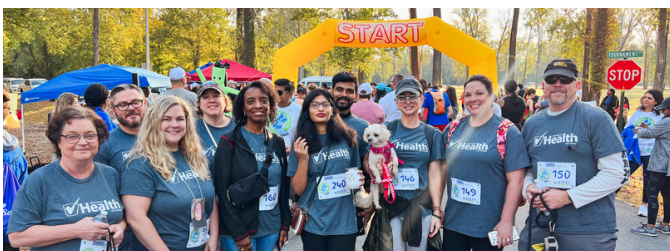
Quality	Practices do not need to report via MIPS. Requirements met through annual ACO Quality reportings.
Improvement Activities	Practices do not need to report via MIPS. ACO participants receive 100% credit.
Cost	No reporting needed under MIPS.
Promoting Interoperability	ACO groups must report to CMS individually through QPP on an annual basis.

Please note, ACO participants must report Promoting Interoperability data at the individual or group level to CMS unless otherwise exempt from the Promoting Interoperability category.

For additional questions, please contact Camille Wilson, Market Vice President of Population Health, at camille.wilson@commonspirit.org

NAMI Walk

Members of the AHN team participated in the NAMI (National Alliance on Mental Illness) End the Stigma 5K Run/Walk on 10/22 to show our support for mental health awareness. We believe our members should reach out to obtain mental health services as a part of their overall wellness.



Celebrating our AHN Retirees

Congratulations to our recent AHN retirees, Dianne Edlhuber and Linda Berry! We appreciate your many years of service and wish you well in your retirement.





New Network Participants

Arkansas Health Network welcomes the following practices to its roster of participants. All new participants are reviewed and approved by the AHN Board of Directors.

Family Practice Center

Primary Care
Clinton, (501) 745-2800

Loren Bartole, DPM, LLC

Podiatry
North Little Rock, (501) 835-9911

**Memphis Pathology Laboratory,
DBA American Esoteric Laboratory**

Routine and Esoteric Testing and Pathology Laboratory
Little Rock, Conway, Fayetteville, (901) 405-8200

For questions, please contact: Tiffani Butler (TButler@stvincenthealth.com) or Hayden Finley (HLFinley@stvincenthealth.com)

Provider Roster Updates

Reminder, please send **all practice changes** to Rachelle Sigler, AHN's Provider Network Operations Specialist, at **rachelle.sigler@commonspirit.org**. This includes provider adds/terms and practice manager/credentialing contact information.

Annual Wellness Visit Reminder - Final Days

There are two weeks left until the end of the year. The Annual Wellness Visit is a great tool for Primary Care Providers participating in the Medicare Shared Savings Program (MSSP) and their patients insured through Medicare. Patients should receive their wellness visit prior to the end of the year.

CommonSpirit has created a CME course to help further educate providers on the AWW. Included topics are an overview of AWWs, AWW Improvement Strategies, Role Based Workflows for AWW, and Billing and Coding Guidelines. The course is now available through Baylor College of Medicine for 1.50 AMA PRA Category 1 Credits, [linked here](#).

For additional questions, please contact Camille Wilson, Market Vice President of Population Health, at camille.wilson@commonspirit.org