

Interleukins for Treatment of Psoriasis Cost Effective Therapy

Interleukins are very effective medications in treatment of psoriasis. They include Taltz, Cosentyx, Stelara, Skyrizi, and Tremfya. These agents are also costly to all of Arkansas Health Network's members and account for over \$2.6 Million spend annually. To reduce this high cost, Arkansas Health Network is focused on maximizing the use of the most cost effective Interleukins for treatment of psoriasis.

Cosyntex is the most cost effective therapy while having equal efficacy for the treatment of psoriasis. (If Cosyntex isn't on formulary Taltz is encouraged.) Cosyntex and Taltz among the interleukins have been available for the longest time. Therefore these have more data on safety and long-term effects. Choosing the most cost effective therapy will help avoid excess financial burden to the health plan which can result in increased premiums to the patient.

Listed below are interleukins that are used for treatment of psoriasis and their corresponding total cost. Please note that this information is not intended to dictate or substitute your professional judgment in a particular patient.

Interleukins Used for Psoriasis	Avg Cost per 30 days of Therapy
Cosentyx	\$5,199.88
Taltz	\$6,414.99
Skyrizi	\$7,324.36
Tremfya	\$7,759.26
Stelara	\$8,290.37

*total cost for 30 day supply includes both the cost to the patient and the payer/plan