

# Humira (adalimumab)

Humira treats: Psoriatic/ rheumatoid arthritis, Ankylosing spondylitis, Crohn's/ Ulcerative colitis, Hidradenitis suppurativa, Plaque psoriasis, Pyoderma gangrenosum, Uveitis

## Administration

- Available in multiple strength pens or prefilled syringes
- Given as an injection under the skin (SubQ) every other week
- If you forget your injection, inject your dose as soon as you remember and take your next dose at your normally scheduled time

**Humira has a website to show how to administer your med!\***

**You can also call  
1-800-4HUMIRA**



## Storage

- Store in the fridge at 36 – 46 F° (never your freezer!)
- Make sure to protect the medication from light
- Once pulled out of the fridge, let the medicine warm up for 15 – 30 minutes before administering
- Once pulled from the fridge, the medication is only good for 14 days
- Never return the medication back the fridge once it has been removed for over 30 minutes

## Side Effects

- Injection site reactions such as rash or swelling
  - Headache
  - Nausea and vomiting
  - High blood pressure
  - Abdominal pain
  - Flu-like symptoms
- This medication does put you at risk for infections. Contact your doctor if you develop symptoms of an infection including lumps or slow to heal wounds
  - A TB test should occur before starting this medication and you are monitoring for signs of TB such as cough
  - Tell your provider before scheduling any surgeries while on this medication
  - Before receiving any vaccines or immunizations, tell a health care provider you are taking Humira.
  - Talk with your provider before becoming pregnant

Questions?

Contact your doctor or pharmacist!



\* [Humira website:](http://www.humira.com/humira-complete/injection)

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