

90 DAY PRESCRIPTIONS

WHO, WHY & HOW?

If you take a medication on a regular basis, find out if a 90 day supply is right for you. It could be a smart move for your health and your wallet.

WHO NEEDS A 90 DAY SUPPLY?

A 90 Day supply is best for patients who regularly take medications for the following conditions:

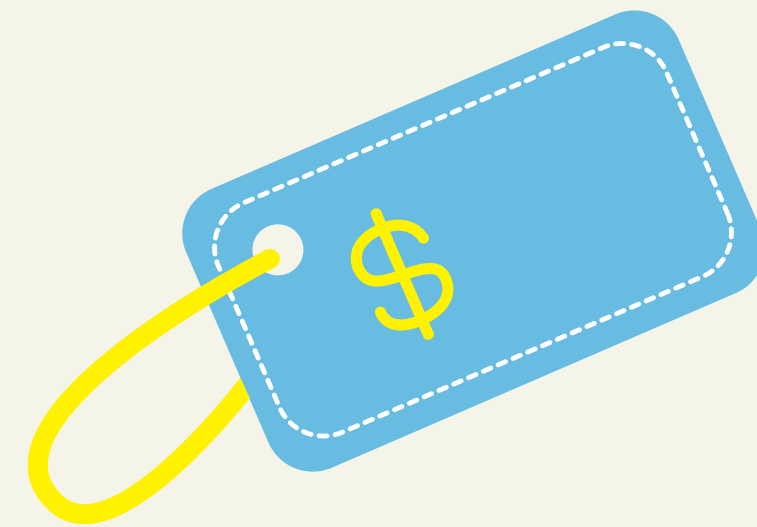
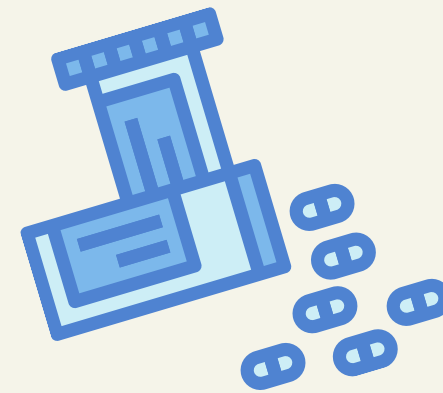
- Diabetes
- High Blood Pressure
- High Cholesterol
- Asthma
- Depression



WHY 90?

Good for you

- Easier to stick with the treatment plan
- 4 Refills each year instead of 12
- Having a good supply on hand means less likely to miss a dose



Get more for Less

- Your prescriptions may cost less for a larger quantity depending on your pharmacy benefit plan

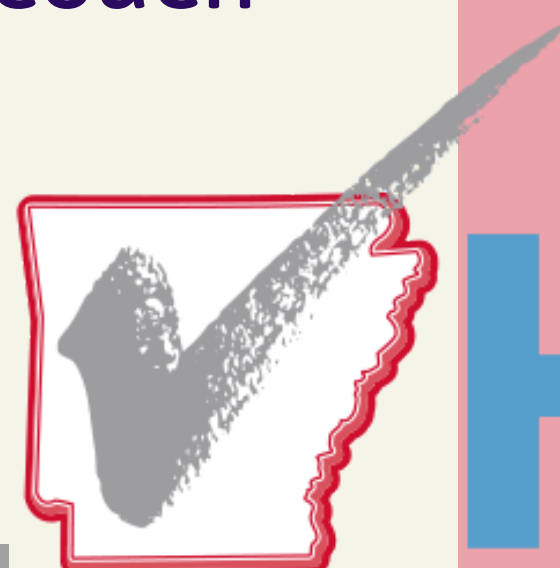
HOW TO GET 90 DAY SUPPLY?

Talk with your health care provider

Check on your pharmacy benefit plans

Discuss with your pharmacist

Outreach to your population health coach



THIS IS FOR INFORMATION ONLY

Disclaimer: This information is not intended to dictate or substitute for the professional judgment of a health care practitioner in a particular case.

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